



# GYANSADHNA

Gyansadhna is a collection of eight volumes. Each volume contains one of the eight seminars conducted at Shiroda near Goa. The first seminar was conducted on 3 September 1979 and the eighth seminar concluded before the establishment of the Shaktee Peeth in 1983.

Parampujya Dada ji first initiated the Kaaran Diksha on a few Sevaks who were the centre heads. Having satisfied himself with the results of the Kaaran Diksha he wanted to take the next step forward. For the last 25 years Dada ji, through his medium, removed the difficulties faced by the people through Nirakaran and Nivaran. He thus was able to achieve a reasonable congregation of Gurumargis (followers of the Guru mission). However Dada Ji realized that even after satisfying all the material wants, the people were still looking for more material earthly wants. They did not understand that this wealth was of a temporary nature, available only during this life span. They were not aware of the spiritual aspects so necessary for their salvation and the importance of Gurus blessings, which were to remain permanently with them, through all their present and future births. It was at this point, that Jagatguru Sainath Maharaj explained to Dada Ji, that despite receiving abundance of wealth, people will still not be satisfied. They will continue to ask for more. Sainath further advised Dada Ji, that he should overlook the material demands of the people and impart them spiritual knowledge. He told Dada Ji to organize Gyaan Sadhana Sammelans (Seminars for imparting knowledge and for meditation) every year in Goa. During the Sammelans, Sainath said that Aumkar Sadhna should be practised every morning and Dada Ji should hold Mulakaats in the afternoons. Since a suitable place was not available at Panaji, Dada Ji selected the Kamakshi temple at Bori, Shiroda as venue for the Seminars.

The first Seminar was held from 3 September 1979 to 5 September 1979. Seventy five devotees attended the Seminar. The Subject of the Seminar was "Life and its creation". The Seminar was conducted very successfully. The devotees were so influenced by the Mulakaats and Aumkar Sadhana, that they expressed their keenness to know the dates of the next seminar. In all eight seminars were held. The knowledge that was imparted, pertained to the question "what is the meaning of life?" It was stressed that a clear sign of ignorance is, when one asks God only for material happiness in life. In fact the real achievement of life lies in understanding the function and purpose of life and we must put in sincere efforts to this end. The aim of these seminars besides imparting the knowledge was to purify the devotees to be able to invoke the Shaktee Peeth. At the end of the eighth seminar the Shaktee Peeth was invoked in 1983.

Dada Ji intentionally allowed the recording of the Mulakaats of the seminars, so that the knowledge imparted during the Mulakaats could be passed on through generations. The eight volumes of Gyansadhna are actually the recordings of these seminars. The Mulakaats during the eight seminars

were actually written a long time back by Khawaja Salim Chishti of Agra. These were delivered through the medium of Dada Ji during the eight Seminars.