



New Delhi  
Edition - 146

[www.saikalpadhyatmsanstha.com](http://www.saikalpadhyatmsanstha.com)

Sri Sai Sake : 34-35  
May - 2016

||AUM SRI SAI NATHAYE NAMHA||

||AUM SRI SADGURUNATH DADAYE NAMHA||



**Publisher**

Sri Saikalp Adhyatm Sanstha  
"Sai Niketan"

New Delhi - 110025

Ph. : 26956561

E.mail : saikalp@gmail.com

dadab6@gmail.com



**Patron**

Anand Bapshet



**Editorial**

Vijay Kumar Varma

Jogesh Grover



**Subscription**

Inland

Yearly : Rs.250.00

Life time : Rs.1000.00



**Overseas**

Yearly : US\$ 250.00

Life time : US\$ 500.00



**Printed By**

Soni Printers

Cell : 09718657567



**Published Every Month**

©All rights reserved with  
Publisher

### To The Devotees

Ethical behavior or ethical conduct is at times interpreted a "My fashion is my comfort". In other words whatever is acceptable to you and comfortable you should be followed or implemented. That is why it is important not to follow others behavior and imitate there attire.

In Delhi, Dehradun, Rishikesh etc. imitating others is a trend, like sporting a long beard, wearing a Rudraksh necklace or wearing saffron clothes etc. **Till you had not seen Dada ji, is it not true that you only imagined Guru as a person wearing a flowing robe?** What impression did you get when you saw me (Dad ji) in a shirt and trouser? Does my wearing a shirt project this Marg (path) lesser, polluted or does it project the Marg as a very superior Marg (Path)? Projecting oneself superior reminds of the kawwals in Mumbai who sport a long beard (Kawwaal is person who sings kawwalis a type of an Urdu song) who tries to impress one of the ladies amongst a group of ladies by praising his own looks. This is one facet of ethical behavior or discipline.

Similarly being a member of the Marg makes people think that, one can only display ethical behavior or discipline by reciting the mantras or wearing a Rudraksh necklace. At other times, when not being watched, such people are not even aware of their own

dress. But for the Urs these people are immaculately dressed, as if to say that only these persons are true devotees of Haji Baba and have just descended from the hill also they sport a cap trying to indicate that they have just come from the Masjid (Muslim temple) after reciting the Namaaz (Prayers).

I initially became a medium to do Nirakran (solve the problems and difficulties in your lives); However the purpose of my life is not to do Nirakran but take you to the state of being Nirakar or formless. What is the meaning of Nirakar or formless state? What has become of your life because of your wants and desires? Your lives have become such a complex web due to the entanglement of your desires that, it is difficult to find out what is your objective or what is it that you really desire to achieve. If a thread is systematically wound around a reel or spindle it can be unwound easily by catching one end of the thread. If the thread is wound haphazardly then one cannot catch or discern the beginning or end of the thread. **That is why Nirakrans were carried out to make you aware of the complications in your lives because of your immense desires. Having done the Nirakrans for quite some time, we now have large congregation of devotees. I shall now make you aware of the basis of the spiritual science of Creation, this guidance to you is based on my own established and proven experiences, based on established spiritual principles.**

All of you must understand the following two events that occurred in my life, such events will occur in your lives also:-

1. In 1952, I had a job and my Pay was Rs 55 per month.
2. In 1977, 3 months before I stopped doing Kaamkaaj (Providing guidance to devotees for problems pertaining to their material lives.) I earned Rs 15000 per month.

**The Rs. 55 that I earned was due to my Karma and the Rs 15000 that I earned were due to my Guru's blessings (Guru Kripa Ashirwaad).** It is thus essential to maintain a balance in one's life. 55 Rs was not a very big amount, but during that time 55 Rs was worth more than a thousand Rs. As ordained by Param Pujya Baba, I had to leave my job within 24 hours. Similarly even when I earned Rs 15000 per month, I had to stop doing Kaamkaaj as desired by Param Pujya Baba.

You may notice that the increase in my emoluments due to Guru Kripa Ashirwaad was 300 percent. Can a person who has the means to earn Rs 15000 per month or Rs 1, 80,000 per annum, leave everything and stay idle? **But in Guru Marg when one is initiated with Mahakaran Diksha (whereby he is able to achieve the major causative goal of his birth as directed by the guru) the person has to forego material things.**

You all ask me material related or family related questions. However I am convinced that my Sevaks are my mediums. I have set them in a particular mould, and then can they have a different mould? They will attain my mould only. At this juncture all those who have seen my physical being only, imagine my physical being as Dada , **but you have not been able to understand or comprehend my**

**internal being. That is why when you ask to meet me I say “I cannot meet you” and this leads creation of a doubt in your minds hat Dada ji is trying to avoid meeting you.** However, I am not avoiding you; can you avoid earning money for your material life? The answer is No! In my case when I earned Rs 55 per month, I had the responsibility to look after my wife, child and my brother. Under such circumstances, I was ordained to quit my job and I quit. Similarly I require Rs 4500 per month to run the various centers , but when I was told to stop Kaamkaaj, I stopped Kaamkaaj, in other words I stopped acquiring material wealth. At that juncture, I did not even once think about my future? Or from where will I get Rs 1500 per month to run my centers? Because '**I had full faith in my Reverend Guru**'. He gave me the ability to increase my earnings from Rs 55 per month to Rs 15000 per month. At that time with the Rs. 55 that I earned due to my Karma my Guru fulfilled all my needs, and therefore today I do not need any body's money to run my centers my Guru will meet all the expenses to run the centers.

In this context my only desire is that you all understand that since I have attained the Mahakaran state I cannot get involved in your Nirakrans, but I can give you my blessings. Also I can bless you for all lives to come that the blessings that you get from my designated Sevaks, will definitely enable you to reap the desired benefits.

The answer to your question that why I cannot do your Nirakrans is as under:-

In the last seven days I have enlightened you on a number of subjects. I have neither written notes on these subjects, nor do I read anything at night, in order to prepare for my talk the following day. The meaning of this is:-

**Mukum Karoti vachalam pangum langhyate grim.  
Yat Kripa tamham vande Parmanandam Madhavam.**

**The above means**

**The Dumb can be empowered to speak and the lame can cross the mountains  
I pray to the Supreme God who bestows on us such divine blessings.**

When I stand in front of you, it is as if I automatically speak Sarasvati or enlightened words full of spiritual wisdom. I have never read Dasbodh (a spiritual book). I have studied English only till fourth standard and I failed thrice in fourth standard. One has to do penance for this divine knowledge and before undertaking that penance, one has to fully comprehend ones situation and proceed further after a considerable, deliberate thought. When one explains the contents of a book such as Geeta, it implies that the person has read and understood the book and thereafter he explains the contents , in other words the topic of discussion is not the of the person speaking. However whenever I have spoken on so many topic in front of you, there has never been any repetition or a break in the discourse for want of appropriate words. After I

invoke the blessings of God and speak before you, words continuously flow out of my mouth like the flow of the River Ganges. Henceforth I have only one aim and that is to impart Knowledge to you so that you can progress through the Sadhak, Siddh and Sadhya stages (Sadhak Siddh and Sadhya are three stages of development of the devotee in the spiritual path). I have to utilize a lot of energy for that purpose, but if I utilize my energy to answer your routine questions such as when will my daughter get married will? Then how do I impart knowledge to you and how can I make you progress from Sadhak to Siddh to Sadhya?

It therefore implies that you must ask yourself that for your very routine questions, what energy I have to utilize. Why do you consider these questions to be so difficult or problematic? Actually these questions /situations are not as difficult as you feel and to answer your questions I have to come down from the level of spirituality I am now in. My coming down to a lower level is detrimental to your welfare, because if I spend my energy in answering your routine questions then how will you progress from Sadhak to Siddh to Sadhya state?

Guru Marg is a very easy path /Marg but it is extremely powerful. If you try to utilize this Marg that is Seed of Energy , Form or Absorption of Energy , Shape or Activation of Energy (Seed, Absorption , Activation) , for your own gains, you will not be able to experience any benefits. When will you experience that the Seed has been sown in you and you have been energized? You will only get that experience when you work for the welfare of others. You will never experience that there has been a change in your physical state after attaining these three stages. You do not get to experience the benefits of these three states from your own medium. You experience this when somebody approaches you with a problem and you tie the sacred black thread on his neck. 15 days after having tied the sacred thread the person comes back to you and informs you that he feels much better and when you hear this from him, **you experience that you have attained these three stages and this is the indication of having attained these three stages.**

This implies that you cannot experience or examine yourself, the Seed of Energy, Form or Absorption of Energy , Shape or Activation of Energy (Seed, Absorption and Activation) in this life. You can experience or assess your progress and how far you have attained the above three stages when you assess the effect of having utilized the immense wealth of the established processes to remove the problems or difficulties of someone who approaches you with his problems . Neither me nor anyone else can tell you how much progress you have made, but my only advise would be that you come to the center next morning, sit in front of Baba and hear the problems of one or two persons who come for Kaamkaaj, while listening to their problems you have to be cautious that you do not get immersed in their problems, but provide a solution and **give them the energized coconut or tie the thread energized by the blessings of the divine**

**Guru.** After a few days when those persons come back and tell you that their work has been done, **then what does it indicate?** It indicates that you have attained all the three stages of **Seed of Energy, Form or Absorption of Energy, Shape or Activation of Energy (Seed, Absorption, Activation)**. Apart from this process there is no other way, that you can estimate the progress you have achieved from the Sadhana neither can you gauge the importance of Sadhana.

In order to visualize how one looks, one looks at the mirror, but in the Guru Marg how far you have progressed cannot be estimated by the clothes you wear (That is white Saffron etc.) but when a soul in distress derives some solace from you and his being finds contentment from you, then on you hearing his state of contentment you can establish that you have attained the three stages of Seed of energy, form or utilization of energy and distribution of energy.

It is always said '**one should always remain content with whatever God has given you. What is the reason of not being content with whatever God has given you? The answer is extreme hopes or wants and hopelessness.**' Driven by this greed you try various methods to accumulate wealth quickly, but you are not benefitted by these methods and your efforts remain unsuccessful. To quote an example a few days back some devotees had bought 25 tickets of Maharashtra state Lottery. The devotees gave the tickets to a lady in a sealed envelope. The lady came to me (Vandaniya Dada ji) for Kaamkaaj with the envelope and asked me to bless the envelope. She thought that I would bless the envelope and give it to her, but am I blind to what was in her mind? She would take the blessings from here and give a portion of her gains from the lottery, why should I put in efforts for such gains? That is why I say that **this Sadhana is not meant for our own material benefits and that is the essence of Seed of Energy, Form or Absorption of Energy, Shape or Activation of Energy (Seed, Absorption, Activation)**.

**Dharma (Religion)-** What is the religion of Datt, Nath and Sufi cults? '**Maanav Kalyaan (Welfare of Humanity)**'. When will you experience this state of existence? When you utilize this state and Marg, for the benefit of others. This does not mean that each one of the devotees present should establish a center at home. The implication of this is that in every home there are a number of family members, when one of the members has an ailment say a headache, then a soothing pressure of a hand on the head by the brother or sister feels good. What does this mean? **It means that every person is a medium by birth.** Otherwise

one would not have been able to absorb one's Karma or energy and then transmit it. Accordingly there are five types of mediums as under:-

|   |               |  |
|---|---------------|--|
| 1 | Healing       | Healing by touch   |
| 2 | Trance        | Use of human medium by deities (vibhutis) to convey their messages |
| 3 | Clairaudience | The power to hear sounds beyond the reach of ordinary experience   |
| 4 | Clairvoyance  | Ability to perceive things in future beyond normal perception      |
| 5 | Automatic     | Sum total of all the above   |

Out of the above **Healing or what is known as Sparsh Samvedana** is a virtue possessed by everyone by birth. That is why when someone in your family is ill you give him a soothing touch or pressure on the head. Now that you are in this margin you have to provide the healing touch (Samvedana) through an established technique and enquire from that person how does he feel after the Samvedana? It means by the first expertise or virtue acquired by you, you have by virtue of the energized penance been able to transmit that energy in to the being of that person which in turn has healed the person.

In this context there is another method whereby you take some water in a silver or steel tumbler. Dip your index finger in it and chant the Namasamran (Aum Sri Sai Nathaye Namah) 11 or 21 times in accordance with your intuition. Once the person who is unwell consumes this water you should perceive the marked improvement in his health/illness.

**What does one infer from the above? One experiences that by using these simple methods at home, how much instant relief one can provide to a person afflicted with an untimely pain or illness. It means charity begins at home that is, the Guru's work should be initiated from your own home. Because, if one makes the initiation, initially in the midst of a crowd, it might invite criticism.**

**It has already been explained that the Datt cult means Seed of Energy Nath Cult means Form or Absorption of energy and Sufi Cult means Shape or Activation of Energy and the religion of these three cults is Maanav Kalyaan (Welfare of Humanity) Now what does one infer from Maanav Kalyaan? What is the foundation or essence of Datt, Nath and Sufi cults? "Blessings to him who**

**gives and also Blessings to him, who does not give**". That is the Religion of these three cults is Sympathy, Forgiveness and Peace unlike any the religion like Hinduism, Christianity, Islam etc.

**Sympathy.** Ones own son is very lovable but the other person's son is useless. Similarly one's own romance is said to be proof of true love while the others romance is no more than a fling or flirtation, but in actual practice both a fling and flirtation. If one calls the other person a flirt, why doesn't one call oneself a flirt? One describes oneself as a true lover because ones love is true and one calls the other's love as a flirtation! Instead of this why doesn't one call both instances as true love?

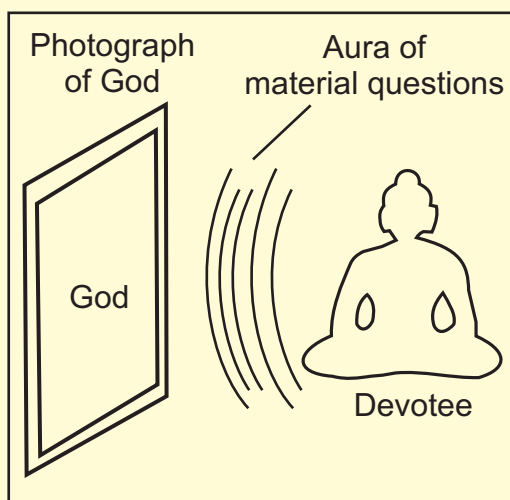
The meaning of Sympathy is that **'the Omni present Soul is one only'**. One must perceive everybody with the noble sentiment that, all the living beings **have only one soul**.

**Forgiveness-** Means a candidate for forgiveness. To what extent can one classify the events that happen in one's life as forgivable? How much love can one establish with ones fiercest enemy? Suppose someone tells you "I will slap you", you respond "I will give you three slaps". **But you have not been given this capability to prove that you have three times more capability or power.** One should always condone unpleasant happenings in one's life. Now to what extent should one condone repetitive unpleasant events? In this context please read the following incident. Param Pujya Machindarnath ji gave a Sanjivini (Life source) Vibhuti (Holy Ash) so that she could be blessed with a son. The lady instead of consuming the vibhuti threw it in a heap of trash. Twelve years later when Machindarnath ji returned to the village, he asked the lady "Where is my son?" The lady replied that she had thrown the Vibhuti into a heap of trash. Param Pujya Machindarnath ji had the capability to commit a curse on the lady. Instead of laying a curse the lady Machindarnath ji told her "Mother, how could you get what you were not destined to get? Now I shall take my son back with me. "In effect, Machindarnath ji pardoned the lady, even though, she committed a grave offence by saying "Whatever I gave you was not destined for you".

It means that **whenever one is bestowed with a capability one should not uses it to voice a curse on others.** Instead one should say the opposite that it does not matter if something untoward has happened to me but may you be blessed.

The three virtues Sympathy, Forgiveness and Peace are an integral part of the Datt Nath and Sufi cults and that is the religion of this cult. The devotees of this cult only request God "I know I am unhappy, even then I beseech you to first help those who are unhappier than me and then grant ne your blessings." It means that they do not ask any thing for themselves.

Why don't you get answers to your questions in accordance with your desires from the Photographs that you have with you? The answer to this question is as under:-



The figure on the side shows you sitting in front of the photograph of your deity. The environment between you and the deity is filled with the aura of your material and family related interactions and desires. **The material and family related aura is an obstruction between you and the Photographs of the deity. Therefore the power of the deity or the guru which is in the Seed energy is not absorbed in you and given the required form and hence it cannot be in a state in your being wherein the energy can be activated or given shape.**

For this reason one should leave aside ones material wants. Only then will the grace of God bless you and your material wants will automatically fulfilled. **The Almighty had cleansed five births of the king Gopi Chand, and then why wont the Almighty cleans your Karmas in this life? He will definitely do it.** One should therefore think about this. Your aura of material and family wants is obstructing the aura between you and the photograph. The photograph in front of you has the Seed energy in it but the material and family aura prevents you from absorbing the energy and giving it the requisite shape for further utilization. Therefore you must remove the aura of your material and physical needs that become an obstruction in the path of the absorption of the energy.

The photographs in your center seem absolutely present, happy, fully energized and alive. But the photographs in your house do not present the aura of happiness and seem without energy and are not alive. Why is it that the photographs at home do not seem to be absolutely present, happy, fully energized and alive? It is because of the aura produced due to your material questions and thoughts. **This prevents the seed energy of the deities and Guru to be absorbed in you and give the required form so that it can be activated in you and be given the required shape.** Once you keep your material questions and desire aside only then the seed energy of the deities and Guru is activated to neutralize the aura of your material wants. **Five births of Raja Gopi Chand had been neutralized then can the Guru not neutralize your Karma pertaining to this life. The Guru will definitely neutralize them.**

It means that the Gods and Goddesses are not incapable and yet your request is so very trivial even then it is not fulfilled. The Gods and Goddesses can very easily provide you salvation; they can easily raise you to the level of God from a human being so why does he not grant you your request? The answer to this is that this capability is also there with the Pratimas (Spiritually activated icons) kept in your prayer room. Despite this capability why were the Pratimas incapable of granting your wishes? The reason is that your material desires become an obstruction in your absorbing the blessings.

It is therefore inappropriate to think of your difficulties while offering your prayers. You do not pray to Gods for the purpose of removing your difficulties. **You offer your prayers just for half an hour to one hour during the day**, at least at that time you should not think of your material difficulties. Just like the Cows and Buffaloes keep bringing out the food and re swallowing it (regurgitate) , when they sit leisurely , you also have the remaining 23 hours of the day to do that. In fact only animals regurgitate **but after embarking on my spiritual path I observed that humans also regurgitate!**

What do you understand by regurgitate? When you leave Cows, Buffaloes or Goats in a forest, they eat a lot of grass and they keep taking it out of the stomach and masticating it. You are not one of those species? Then what sort of a living being are you? How many feet do you have? Do you have 8 feet or 4 feet? **You are a living being with thousands of feet?** That means you go sometimes here and at other times there, always shifting faith. Even after having been taken in a Gurus fold you stand at the doorstep of other Gurus. So how many footed living being are you? **The one who has two feet will get only two feet of the Guru but who will meet the one with thousand feet?** The devotees answered" Rawan" Dada replied in the negative saying he had only two feet but ten faces. That means he had the capability of ten men in his being. In the Puranas the pictures of Gods and Goddesses depict their powers. Can any person be born with ten faces? Even giving birth to a child with two faces is a tremendous task for a hospital the whole hospital is put on alert and it gives the shivers to the doctors.

As explained above, from now onwards whenever you pray, do not think of the obstacles or difficulties in your material life do not pay votive offerings (offerings as a promise to god you will make after God grants you what you desire). After the prayers you should only convey your sentiments to God by saying **"O God I pray that your everlasting blessings may always be with me"**. However you always keeping making demands for various material things. Does it imply that God is deaf or dumb? Is God afflicted with all possible ailments and disabilities that exist in the world due to which he can neither see you nor hear you? **You keep talking to each other in the hall and even though I am not God or a deity I can hear your conversation upstairs.** You keep conversing about irrelevant topics which are of no use to you. But now you are a follower of the Nath Panth. Do you realize why Jalindernath ji walked with a stack of dry wood slightly above his head , but never rested it on his head, what does this mean?

**Jalindernath ji did not allow any other subject to be absorbed in him, other than the Guru. This aspect about him has specifically been mentioned while describing him.** He was given all the initiations - dikshas and the energy was rightly absorbed to give it the correct form and activated in him to achieve the desired shape or utilization. Jalindernath ji went around the world for the sake of welfare of humanity. He had a lot of material desires but how did he keep his material wants? **He kept them slightly above his head he did not let the material wants get absorbed in him.** This is the type of Navnath and this is the meaning of their ethics and values or behavior and discipline. Contrary to the above you all are completely immersed in your material wants where is your Sri Guru? He is lying like a small bug in one corner of your house. You say that the aura of your wants does not spread; I will take you through an experience. Hold a mirror and breathe on it. The hot breath falls on the mirror and makes an impression on the mirror. **Similarly the thoughts that keep churning within you, due to your mind and wisdom, also influence the environment outside and these thoughts, create their own aura. It is because of these thoughts and wants, that despite there being complete arrangements to ensure your welfare in the Gurumarg, you are not able to benefit from the same. Otherwise, however complex your problem is, even if you have to return Rupees one lakh owed to someone, there should be no reason for disappointment .In fact it is impossible that you meet with disappointment once you come within the fold of the guru.**

When you come for Kaamkaaj how severe is your problem? It is actually very ordinary or miniscule, but what does a child do when he wants a new shirt? He makes the existing hole in the old shirt larger and then tells his father that his shirt is torn. Did his shirt tear all of a sudden? Similarly what was the severity of your problem? And who has magnified the severity by constantly repeating it? You yourself and now you tell me how miserable you feel. Once my difficulty or problem is removed I will pray to the deities. Is it not a complete lie? Will you really offer prayers once your problem is removed? Impossible. You will just vanish from here once your job is done.

**Peace.** All of you have the capability of removing the obstruction you face due to your Karmas. But with how much calmness and peace of mind can you face these obstructions? If someone praises you, you feel very nice but what if someone abuses you? If someone praises you feel nice but you should be able to remain calm even if you face criticism and you should understand from this that the extent of grief you can bear. Once I (Vandaniya Dada ji) was very unwell and all the devotees were with me. My body was aching and my devotees could not bear this sight. How was I tolerating this ailment? I was tolerating this by keeping calm. The ailment was affecting my physical being but my soul had the capability to such an extent, that I could tolerate the pain to my physical being that shook the devotees.

This is the religion of Datt, Nath and Sufi cult. Not that during their times

the people did not criticize them, but they never thought that that people who praised them were good and people who criticized them were bad. They kept everyone on the same pedestal while carrying out the activities of human welfare. You all are very fortunate to be blessed with Dikshas from such an emancipated cult as a consequence of the Gurukripa ashirwaad (Eternal Blessings of the Guru) and this is your greatest fortune and I (Vandaniya Dada ji) say this with conviction. To what extent you have to implement this cult is your own decision. Humanity, due to its own selfishness has been deprived of the benefits of this cult and you are no exception to this. I may shower any amount of praise on my Guru or the Guru Marg and the Siddh Sadhya states, but to what extent you believe that depends on you. I can only tell you that what you have got is priceless and your efforts to achieve his have been miniscule, and your responsibility, going ahead is also miniscule .**You would require 12 years to establish each of these Dikshas and hence in all you would have taken is  $12 \times 4 = 48$  years.** When will you get inspired to achieve the Diksha? Suppose you get inspired at the age of 20. It means by the time you achieve the Diksha you will be about 70 Years. The average age of a person today is 55 to 60 years. Hence whether or not you achieve the Diksha in this much of a life span is really immaterial, because after you achieve the Diksha that the Dikshas will go away along with your body, hence what was the use of achieving those Dikshas? Hence having done all the effort you are still **neither here nor there.**

In order to perform any work pertaining to welfare of humanity a Sadhak has to have a congregation of people. **By the medium of Nirakrans I have been able to congregate all of you who are now Gurumargis. I have now started devoting my time to impart knowledge to you about the creation of life. Knowledge I have gained through various spiritual experiences. There for I have stopped meeting you for Nirakrans as I have to devote my energy elsewhere.**

I was at peace with myself under all circumstances and obeyed the command of my Guru. I left my job my earnings and did whatever my Guru desired, for the furtherance of this Marg. So also you should go from here fully contended and happy. It does not matter that you have not met Dad ji you should be at peace that you have because you have been bestowed with immeasurable blessings.

What is discipline or ethical behavior? The arithmetic of ethical behavior is as under

| Food       | Thoughts   | Discipline or Ethical Behavior |
|------------|------------|--------------------------------|
| <b>25%</b> | <b>25%</b> | <b>50%</b>                     |

**If you have pure food your thoughts will also be pure and your behavior will be that much more ethical.** It means that a composition of 25 % of food and 25% of thoughts that is 50%, results in the remainder 50% that is Ethical Behavior.

|   |   |
|---|---|
| Food + Thought=                         | Discipline or Ethical Behavior                |
| After full development of the above two | Ethical Behavior is the last and final stage. |

What is the experience gained from this? It means when I (Vandaniya Dada ji) come to your house, how do you request your wife to make tea for me and how do you tell her to make tea at other times? At other times you say “Listen, are you still sleeping? I have been shouting for such a long time. Make tea for me first” Is it not so? This is the difference in behavior, **therefore for ethical behavior purity of food is a must.**

In the same context, suppose you are going in a car. If the petrol has impurities then, the carburetor makes a choking noise, the motion of the car is jerky and the passengers in the car also get jerks. Similarly your **five Karmendriyas** (The power to express (Vak), the power to procreate (upastha), the power to excrete (Paya), the power to grasp (Pani) and the power to move (Pada)). There physical organs are voice, sex organ, anus, hands and feet, **five Dnyanendriyas** (five sense organs) and **five Prana Kosh** (Five subtle centers of the body), **intellect, mind, consciousness** or subtle state of mind **and** the self coming to the required shape or state (**Aham Akaar**), these 19 mediums also get jerks if your food and thoughts are impure. Therefore impure food leads to impure thoughts which lead to unethical behavior or indiscipline.

You go to a hotel with a purpose you do not go to a hotel every day; your neighbors also do not call you for a meal every day. Even when your wife goes out of station and you cannot cook meals for yourself your neighbors do not call you, why does this happen? **Because, you have too much to eat. The day you start eating less according to your requirement then you won't have to cook food for yourself as the neighbors will then call you for food.** But if your food intake is very high then who will call you for a meal? Everybody calls me (Vandaniya Dada ji) for a meal even though I do not have the time and you have a lot of time. Why the difference? Think about it. So far what I said is as follows. You have been given the Dikshas in the form of Seed and that seed has the Shaktee (energy) of the Guru. You have to absorb that energy in your **Body Mind and Soul**. Having absorbed that energy it is your bounded responsibility to look after that energy. How to look after that energy by your **Food thought and Ethical Behavior** has also been told to you.

**DATT CULT****NATH CULT****SUFI CULT**

The planned task of this Guru marg is for the benefit of you devotees and you are experiencing this as it progresses. But who are the stage managers of this marg?

| 1                     | 2                                     | 3                                      |
|-----------------------|---------------------------------------|--|
| Datt Cult             | Nath Cult                             | Sufi Cult                              |
| <b>Seed</b> of Energy | <b>Absorption</b> of Energy -<br>Form | <b>Activation</b> of Energy -<br>Shape |

What is the religion and objective of the above three cults? A considerable literature about the three cults exists besides the writings in the Guru Marg. The medium who has by himself experienced the states of these three cults, only that enlightened person (Vandaniya Dada ji) who has absorbed the essence of spiritual knowledge of these cults can present it in true form in front of the devotees.

The sum total meaning of Datt Nath Sufi is “Development of **spiritual life of Humans and Manav Kalyaan(Welfare Of Humanity)**” The religion of these three cults is as follows.

**1. Datt Panth.** Who is Datt? 'The one who immediately responds to our call or voice'. It's like if someone asks for some help in a gathering and there is an immediate response' You have invoked Datt and you reached here' The reference to Datt here is not a reference to the deity **but a reference to an immediate response to our call That is Aumkar.**

**2. Nath Panth.** The persons who due to ignorance or lack of knowledge and due to the bondages of their Karma ,do not get the answers to the question 'Why have we taken birth on this earth? What is the cause of our birth? How can we achieve the aim of our birth?' Nath Panth removes the ignorance of these persons and shelters them under their protective umbrella.

**3.Sufi Panth.** This Panth is meant for activation or giving shape. That is the **Diksha** or **seed** of energy of the Datt Panth, is **absorbed** in the devotee or given the required **form**, due to the Nath Panth and thereafter that energy is **activated** or given the required **shape** by the **Sufi Panth**. That is after having taken the **Diksha** seed of energy from Datt Panth and after becoming one with Nath Panth by absorbing the energy it within himself if a devotee tries to utilize the energy or Diksha for his own progress or well being , then the Sufi Panth will not activate the energy within him.

That means suppose due to the Guru Diksha you have been given the seed by the Datt Panth and you have absorbed it due to the Nath Panth and it has been activated or given the necessary shape due to the Sufi Panth, however if you

think that whatever you have acquired is only for yourself and your family and for the successive generations of your family, **this mere thought will ensure that that the Datt Nath and Sufi Panth will not be activated within you. This is the essence of this Gurus scheme of work and the essence of these three cults. Whatever you gain from here is not for your own self.**

This has been clarified specifically because you should not get discouraged or be grieved by the fact that Vandaniya Dada ji does not or did not meet you. I went to London 12 years ago. The people with whom I stayed in London 12 years ago, came here about 2 years back and said “ Vandaniya Dada ji stayed with us only for a year but his divine voice ( teachings ) is still alive and activated even today “. Here in India I get an opportunity to meet you at least twice a year, even then you feel that Vandaniya Dad ji does not meet you and the person staying 5500 miles away in London does not feel so. You benefit for full seven days of my stay with you and even then you feel that Dada ji did not meet you. The reason for this is that I have not heard your material queries. **It means that Dada in whose medium the Gurus essence of Mahakaran Diksha is absorbed , has not kept that hidden from you. You have experienced the effect of that in the last 7 days. This is not my greatness but the unique miracle or blessing of Our Reverend Guru.**

All of you work in some office as officers. Do you think that officers below your grade put in less work than what you do? When someone wants to meet you, you tell him to come through your PA .Why do you say this? **Because you have achieved a nominal position so you want to project the eminence of your position. But I have been bestowed with the position of salvation of life.** Hence you have to decide yourself whether I should spend my energy in trying to solve your trivial material problems.

I have to ensure the development of your material bodily state to higher state for the benefit of Humanity. Therefore I have to judiciously utilize the Mahakaran state, so that, I should accumulate as much energy as possible for distribution to you in the next seminar. To distribute the energy means to ensure that the energy is absorbed in you. Thus in such a situation if I stay away from your material requirements and patiently tell you “Do not worry, your job will be done” Then is this a blessing for you or an admonition? This is a blessing. Hence do not go away with the misconception that Dada ji did not meet you during these 7 days.

I am now meeting you in a very different state from what I was in our earlier meetings. My present state has not even been seen by my own family. This state does not remain activated for all the 24 hours. For this to be activated there has to be a reason or context, the right moment or the right event or duty. You feel aggrieved by the thought that in the past 7 days Dada ji did not personally meet you, because I have not given solution to your material question. This is your ignorance, please make yourself understand this and go with here with total bliss and lots of blessings.

**Let Peace Be To All**

**Eternal Sevak**